

6 CINEMA

# The tiger roars

Debut director Harish Ram's multilingual 'Thumbaa' is a high-on-vfx live action film

BY SANGEETHA DEVI DUNDOO

The title promo unveiled last week, featuring music composer Anirudh Ravichander and a CG-generated tiger, has caught attention in the digital space. Hooked to his mobile game, the composer tries to dodge the director's call and put off his work commitment, until the tiger 'Thumbaa' pays him a visit. The Tamil promo has clocked more than three million views on YouTube and the Telugu, Malayalam and Hindi promos have gotten a fair share of attention too.

At the helm of this film is debut director Harish Ram LH, who's also the co-founder of Knack Studios in Chennai that's handling the visual effects of the multilingual project. "It's a fantasy and adventure filled family entertainer and we are in the post production phase, working towards a May-end release," says Harish. *Thumbaa's* story will unfold in the jungles of western ghats and feature several VFX-generated



animals. The title, he says, in addition to being the tiger's name also refers to the locality in Kerala which bears the same name.

*Thumbaa* stars Darshan, Dheena and Keerthi Pandian along with Dharani Vasudevan, George Vijay and Kalai. "But none of them have been cast in typical hero, heroine roles. We won't have the clichéd tropes of romance since we wanted to make a completely child-friendly film," says Harish.

Harish began as a film distributor in 2008 and after distributing

a handful of films, worked as an assistant director for *Ethir Neechal* (Tamil), a co-director for *Kaaki Sattai* (Tamil, 2015) and was part of the screenplay team for Dhanush-starrer *Kodi* (Dharma Yogi in Telugu).

When he decided to turn director, he wanted to do something different from the norm. The idea of a live action feature film seemed interesting. "We didn't reach out to any international studio. The visual effects have been done in India and we managed to have photo-realistic animals," he

says. The pre-production work was extensive and took nearly a year and a half. The actual shoot lasted for 32 days. "We would shoot a scene in five or six different angles and had everything prepared, especially the marker points for the animals so that the actors can emote easily. We rehearsed every sequence before going to shoot," he says. *Thumbaa's* introduction portion was shot in Chennai and the rest was filmed in forest areas.



The visual effects has been done in India and we managed to have photo-realistic animals

HARISH RAM

Jungle tales (Left) Anirudh Ravichander, (above) Harish Ram LH  
BY ARRANGEMENT

# HealthCare

- A Space Marketing Feature

## AVOID FOOT, KNEE AND BACK PAIN

MANY of us silently bare foot, knee, back pain. In reality one can get instant pain relief by using simple low cost custom orthotic medical devices. Problems like arthritis of knees can be dealt by simpler Technics. Preservation methods are better than knee surgery.

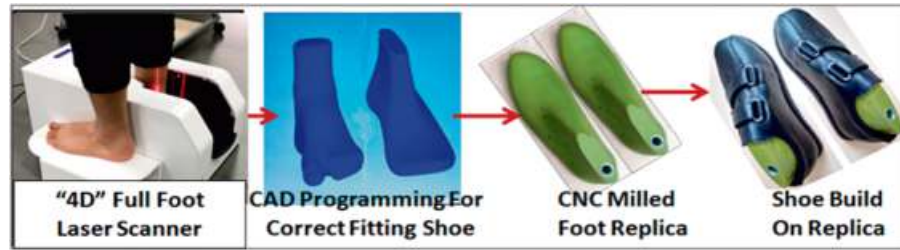
Rock G. Positano, DPM, MSc, MPH Non-surgical Foot and Ankle, Sports Medicine, Podiatry USA in his research paper "Prescriptions for Foot Orthotics" recorded his research finding that "Foot pain is not normal and should not be ignored. The presence of foot problems can affect the proper functioning of other parts of the body, including the hip, knee and back."

Foot problems are often treated with shoe inserts called orthotics. Custom made foot orthotics are medical devices inserted into the shoe to correct the abnormal or irregular walking pattern. They are prescribed to reduce pain, to provide support, to prevent foot deformity or keep it from getting worse, to provide better positioning, to relieve pressure on a certain area of the foot and to improve the overall bio-mechanical function of the foot and lower extremity.

Let us understand why you get Foot, Ankle, Knee and Back Pain. Some get

by birth and some acquire due to negligence. Some Children are born with deformed legs and flat feet. Acquired foot deformities are mostly due to less atten-

tion on self health. These include pain at heel, front of foot, ankle, knee and back. Over 80% of people who lead crippled life are due to foot pains.



So long one retains the position of RED line, no one shall get any foot deformity or pain ever. The foot deforms, if the red line changes its position and pain is bound to come sooner or later. When Red Line moves away, most of the body joints start paining progressively from front foot, heel, ankle, knee, Hip and back as Red line shift advances.

Remember body gives many signals by short lived pain before permanent deformity occurs, pain comes

and goes. Normally no one takes this seriously, which results in deformities.

Once you acquire any deformity painless or painful, one must use custom orthotics. Custom orthotics medical devices are made for each foot to the size and shape using most advanced technology of 3D Foot Scanning, correcting deformities by CAD and finally machining on 3D CNC Machine. Full time use of custom orthotics device in custom shoes, from bed to bed, shall provide not only pain relief but also avoid the need of any Surgery.

- Dr.N. DhanaLakshmi  
Ph.D in Podiatry  
Foot Doctor Clinic,  
Ameerpet



**Dr. K Ravikiran M.D.**  
M.Sc.(Psych), P.G.  
(Virology) London  
Gold Medal for Excellency  
in Medicine

### Masters Homeopathy The only treatment for Hepatitis and Herpes

**Hepatitis**  
Everyone is fearing about this virus in these days. Doctors find this Hepatitis with their examinations when the patients come to visit the doctors for other diseases. With that, they come to a decision that they are going to die. They think that the virus will not come out of the body due to which there are chances of liver damage for a long time. But truly there are medicines in home to control hepatitis. The patients will lead a happy and healthy life when they get homeo treatment without fear after the confirmation of Hepatitis. There are symptoms like hungeriness, vomiting, body pains, yellowness in urine, jaundice, her pes on skin and also uneasiness in stomach, pain in abdomen. However, it can be controlled totally after taking full time medicines by experienced homeo doctors.

**Herpes simplex**  
You will find some water pocks like sweat pocks on penis. With this the people will neglect that they are normal pocks. Later the pocks will become boil. Women too will witness the same kind of boils on vaginal parts with severe pain. If they ignore, it will lead to some more problems. Due to this, they will not be happy during sex and the couple gets embarrassed. Homeo treatment will show wonderful results for herpes problems. The people will suffer a lot when they take other medical treatments but with homeo treatments they will lead a happy and healthy life.

**"Sciatica is treated Successfully"**  
A middle-aged man came once to my clinic and asked "doctor, please give good treatment for my back pain as I have been suffering for long time. I will pay the bill whatever it is. I will be in debt to you." I asked the man to tell the details with patience. Then he told doctor, I am Narayana and native of Kurmoal. I am working in a private company. Since one year I have been suffering with back pain which is gradually increasing. Now,

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**Advertorial**  
It spread to the legs and feet. I am not able to move here and there and walk. I feel some electric current is passing through my body. When I consulted one doctor, he said that it is sciatica and prescribed pain killers. I am getting relief when using pain killers and it will remain after some time. Now, I came to you for permanent solution." I told him not to worry about it and said that there is permanent remedy for sciatica.

**After treatment**  
I gave him medicines after observing symptoms, psychological points. There is best treatment with homeo medicines for sciatica problems. Back pain can be cured completely with homeo medicines. By avoiding changes that will take place in back bone, there will be good results by giving treatment to strengthen the muscles. I advised him to visit after using medicines for one month. Then after a month, he came very happy and his face is looking joyous without pain. And he said that numbness in legs is cured. I advised him to continue full course not to discontinue medicines. After six months sciatica problem was solved. As usual he is attending work. I gave some precautionary measures not to go on bike and not to sit long time.

### You can survive even if you have HIV

This is a case from karimnagar Branch. He is about 30 years. He is trembling. When I asked about this problem, he said, "doctor, I belong to Jammikunta. Four years back, I had sex with a girl. I didn't expect that she has some disease. Since two months, I am suffering with fever, cough and loose motions. When I consulted doctor, he said that I have HIV. And I lost weight. There is no hope of survival. Please let me live." I said not to worry about life and took some de tails.

**After treatment:**  
During some weather changes, we can see the symptoms like cold, fever, TB Infection, loose motions in some persons infected by HIV. That means if disease control system weakens, diseases can be infected. If you are strong HIV can not harm you. Homeo treatment will focus on disease control system. When he was examined it was found that the number of CD cells is 320. So, I said not to worry about and said I would start treatment. I gave him prescription and asked him to come after one month. After one month I saw a lot of change in him. He said that he was so hungry, and free from tiredness. He said he has some hopes of life. I advised him to continue medicines for one more month. Later after Examining second time, CD4 count is 710. Now he is leading a happy and normal life.

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Sakshi on every Saturday @ 2.30 PM  
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## Foot Doctor Clinic for All Foot Problem

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  - ✓ Like our solution Without Medication & Surgery
  - ✓ Do You Believe Self Cure Is The Best Cure
  - ✓ If All Answers are yes then **MEET OUR DOCTOR**
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AND Custom Medical Orthotics Initiate Deformity Correction & Stops Further Deformity

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## Keeping your liver healthy and happy!!

**ADVERTORIAL**  
Liver without doubt is the most important metabolic regulator of human body. It's the chief regulator of the digestive metabolism and rids the body of toxins by filtering the blood. It also plays key role in regulating clotting.

Stones are also formed due to Choleliths, which is a form of bile duct dilatation. Tumours in the liver: A tumour is an unwanted growth. It could either be malignant (cancerous) or non-malignant (non-cancerous). Among the non-cancerous tumours are Hemangioma and hepatic adenoma. Among the most common cancerous tumours is hepato-cellular cancer. Also known as liver cancer, this is reported in chronic alcoholics and those infected with Hepatitis B and Hepatitis C viruses. Liver cancer among the children, known as hepatoblastoma, is considered to be a serious and debilitating ailment.

Major liver-related ailments that need surgical procedures are:

**National Institute of Gastroenterology Doctors** are internationally trained surgeons and the place has well equipped high end facilities like state-of-the-art operation theaters and other infra structure to cure problems of the digestive system. It has eminent man power to handle these kinds of cases. Quality medical care is available here.

**Liver Cysts:**  
Majority are congenital and are formed from the birth. Genetic disorders cause simple or multiple cysts. In some cases polycystic liver disease is also reported. Parasitic infections too could lead to the formation of cysts. Some tumours can manifest as cysts.

**Gall bladder stones:**  
These are caused by various factors. Infections, high cholesterol, obesity, diabetes and Helmenthal infections are among the causes that predispose to stones in the biliary system.



**DR. R.V. RAGHAVENDRA RAO**  
MS, M.Ch. (SGPGI), FHPB, FLI (SNUH)  
Surgical Gastroenterologist & Liver Transplantation Surgeon  
Director, National Institute of Gastroenterology and Liver Diseases

Advanced methods such as endoscopy and Serum Alpha Protein tests support the diagnosis of liver cancer.

What to do for a healthy liver? Avoidance of alcohol, personal hygiene, consumption of safe, healthy and hygienic food and getting vaccinated for Hepatitis B are among the measures that one could adopt for a healthy liver.



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